

ACCESS INSIDER

FALL 2013

A quarterly publication by Access.Architectural, LLC

VOL 4 ISSUE 3

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- How Color Affects your Surroundings

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- Training and Seminars

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Happy Birthday ADA

The Americans with Disabilities Act is now 23 years old. This law, signed by President George H.W. Bush on July 26, 1990, aimed at eliminating discrimination against people with disabilities and ensuring equal opportunity for them has seen a rocky road full of non-compliance.



President George H.W. Bush signs the Americans with Disabilities Act on July 26, 1990. Photo by Fotosearch/Getty Images

Over the past couple of decades, it has been subjected to significant amendments and ongoing arguments about whether and how it should be applied and interpreted.

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Work left to do...

Since 2006, the federal government and individual citizens have taken legal action against cruise lines, hotels, sheriff's and fire departments, public school systems, colleges and local governments from one end of the country to the other, usually over the accommodations they provide to those with disabilities. Even the District of Columbia had to be legally coerced into providing accessible shelter for the homeless with disabilities. One of the prisons in the Pennsylvania State Correctional system was found in violation of the ADA for denying adequate services to inmates with mental illness and intellectual disabilities. In **Arizona**, the **Phoenix International Raceway** reached a settlement with the U.S. government only last month after a racing fan with disabilities filed a complaint that it didn't provide accessible seating and parking.

Even as we recognize how many of these accommodations had to be imposed on an employer or an institution, they are a reminder of how far we've come as a nation in the way we treat those who are differently abled.



City Settles ADA Lawsuit

Access.Architectural

Improving access to your facilities

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Why not “Tri”?

Some of you may know that the Owner of Access.Architectural has suffered with Juvenile Rheumatoid Arthritis for over 35 years, and now that he has been feeling better, he’s been pushing himself to his limits of physical activities.

This year he’ll “Tri” for the kids of the Arthritis Foundation – Arizona, to benefit them and their dreams of getting to attend summer camp in 2014.

Pete’s Triathlon includes a swim, bike, and push, but it is not complete without your help.

And that’s as easy as 1, 2, 3...

1. Support his efforts as a spectator on Sept. 22nd at Tempe Town Lake.
2. Make a personal donation of \$25, \$50, \$100, or more. It take \$1,000 to send one kid to camp, so every dollar counts in his goal to send at least 10 kids with arthritis to Camp Cruz.

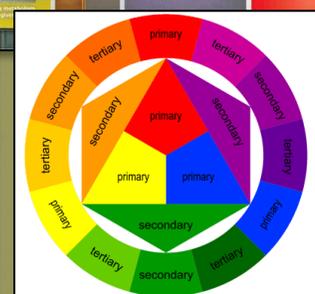
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• Strategic Accessibility Plans • ADA Compliance • • Transition Planning • On-site Evaluations •

Tranquil or Aggressive: How color affects your surroundings

About a thousand years ago, humans began to realize that our senses play a part in our well-being. The ancient Greeks used colored gems and sunlight, as well as herbs to calm and promote the healing of the sick. In the years since that time, there have been many who have studied and analyzed the relationship of our five senses and how they are vital to our health and healing.

In the mid-1900s Max Luscher wrote about our connection to nature and how it communicates to us through color. He theorized that our feelings regarding specific colors are based on our experience with that color. For example, our emotions about the tranquil associations of green are a result of early man using the forest as an escape from the open fields of sunlight where he would be visible... into lush and dense woodland where he could rest and recover.



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Camp - Continued

3. Help him get some corporate sponsors and/or share this message with friends, family, and your business. Together we can make this happen.

It's only with your help and support that Pete will be successful, and get these smiling kids to Camp Cruz in 2014. Please visit our website for more information and to make a donation.

www.accessarchitectural.com/2014camcruz



2013 Camp Cruz was a success! Nearly 80 Kids attended largely due to your generous donations. Together we raised over \$4,000! Thank You!!!!

• *Plans Reviews for Designers* • *Residential Accessibility Reviews* •
• *Accessibility Training and Seminars* •

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Colors - Continued

Reds on the other hand can have stimulating effects on the body. Many believe his insight is uncanny. Reds may increase respiration, heart rate and even blood pressure. It has been shown to increase appetite, and even increase aggression in some situations.

For more information and to take the Luscher color test, go to <http://colorquiz.com/>.

[Information taken with permission from PPG CEU presentation at www.functionalcolor.com]

Merrilou Peek CSI CDT: PPG Architectural Coatings

Ms. Peek is offering a free Lunch and Learn regarding color on October 9th.

For reservations and information please contact:

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